

Biochemistry

Marrow Edition 8

MARROW

Instructions

- Notes are to be used in conjunction with Marrow videos.

Please note:

- The information in this book has been printed based on the transcript of the Marrow videos. This book has to be used in conjunction with the Marrow videos and not as a standalone material.
- The information contained in this book is for educational purposes only. The content provided is not intended to substitute for professional medical advice, diagnosis or treatment.
- This book cannot be sold separately. It has been made available to only select eligible users who have an active subscription to Marrow videos.
- The text, images, slides, and other materials used in this book have been contributed by the faculty, who are subject matter experts. We have merely reproduced them as video transcripts in this book.
- The notes have been consciously designed in a way that is concise and revisable. To ensure this, we have intentionally added only the most relevant modules and images that are needed for you.
- Reasonable care has been taken to ensure the accuracy of the information provided in this book. Neither the faculty nor Marrow takes any responsibility for any liability or damages resulting from applying the information provided in this book.

All Rights Reserved

No part of this publication shall be reproduced, copied, transmitted, adapted, modified or stored in any form or by any means, electronic, photocopying, recording or otherwise.

©Marrow

// ME821-PPL

Contents

General Topics

Metabolism in Fed and Fasting State	1
Concept of Enzyme Regulation	8

Enzymology

Introduction to Enzymes	10
Classification of Enzymes	14
Mechanisms of Action of Enzymes	21
Enzyme Kinetics	23
Enzyme Inhibition	27
Enzyme Regulation	30
Clinical Enzymology	35

Carbohydrates

Chemistry of Carbohydrates	41
Glycosaminoglycans	48
Glucose Transporters	53
Glycolysis : Part 1	56
Glycolysis : Part 2	61
Pyruvate Dehydrogenase	64
Glycogen Metabolism	67
Glycogen Storage Disorders	72
Gluconeogenesis	77
Minor Metabolic Pathways	82

Lipids

Chemistry of Lipids	89
Phospholipids	94
Lipid Metabolism in Fasting State	100
Lipid Metabolism in Fed State	109
Ketone Body Synthesis	116
Lipoproteins and its Metabolism	120
Dyslipidemia	127

Proteins and amino acids

Chemistry of Amino Acids	133
Fibrous Proteins	140
General Amino Acid Metabolism	143
Urea Cycle and its Disorders	147
Aromatic Amino Acids	151
Sulfur Containing Amino Acids	157
Tryptophan	162
Miscellaneous Amino Acids	165

Bioenergetics

Krebs Cycle	174
Electron Transport Chain	179

Molecular Biology

Chemistry of Nucleotides	183
Metabolism of Nucleotides	186
Structure and Organisation Of DNA	193

DNA Replication	197
Transcription	204
Translation	210
Regulation of Gene Expression	215
Hybridisation Techniques	222
Recombinant DNA Technology	230
Amplification and Sequencing Techniques	239
Mutation	250

Vitamins

Fat Soluble Vitamins	255
Hematopoietic Vitamins	270
Energy Releasing Vitamins	275
Vitamin B6 and C	280
Heme Metabolism	284

METABOLISM IN FED AND FASTING STATE

----- Active space -----

Well Fed State

00:00:45

AKA Post prandial state/absorptive phase :

- 2-4 hrs after food.
- Storage metabolism.
- Components of food digested & absorbed in smaller components.
- ↑ in plasma level of glucose, amino acids, fatty acid, TAGs.
- Hormone of fed state is **insulin**.

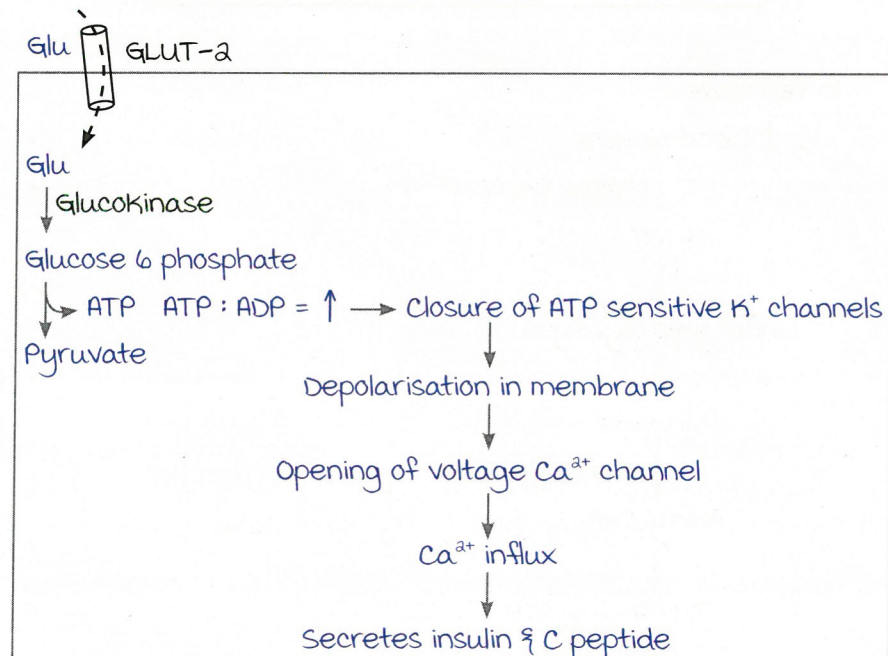
Insulin secretion :

- Begins to rise : At blood glucose $> 70 \text{ mg/dL} / > 3.9 \text{ mmol/L}$.
- Assessment of level of **C-Peptide** = level of insulin.

In pancreas :

β cells of pancreas :

GLUT-2 : High K_m ,
low affinity for
glucose.



Note : Insulin is synthesized in **rough endoplasmic reticulum**, packaged in golgi apparatus.

Actions of insulin :

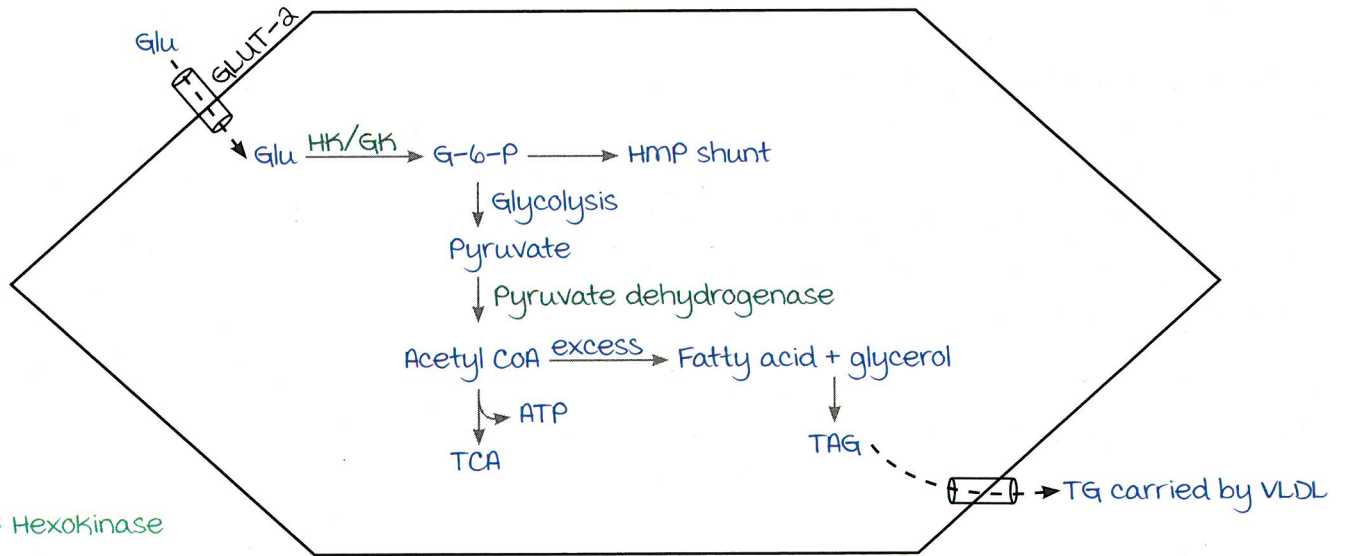
- Favours protein translocation :
 - ↑ GLUT4: Insulin dependent glucose transporter.
 - ↑ Insulin receptor level.
- ↑ Gene transcription of glucokinase.
- ↑ Enzyme activity : Dephosphorylates regulatory enzyme
 - ↗ Phosphodiesterase.
 - ↘ Phosphatase.

----- Active space -----

In liver :

Liver : Glucose consumed in fed state.

↑ Blood glucose



HK : Hexokinase

GK : Glucokinase

In fed state :

1. ↑ Blood glucose

↓ Enters via GLUT-2

Liver

↓

undergoes glycolysis

↓

Pyruvate

↓

In presence of O_2

Acetyl CoA

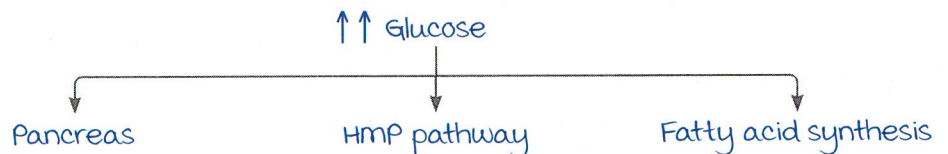
↓

TCA ----> ATP

PDH/Link reaction

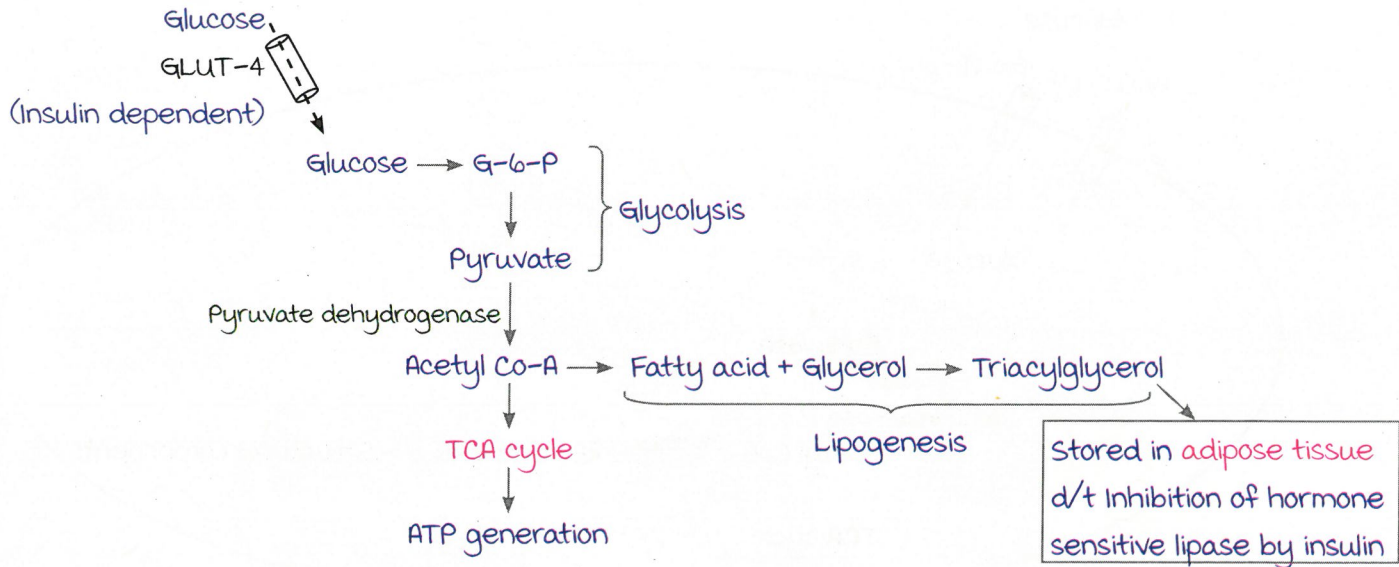
2. In excess glucose → Glycogen synthesis : ↑↑ glucose → G6P → Glycogen.

If excess glucose still remains :

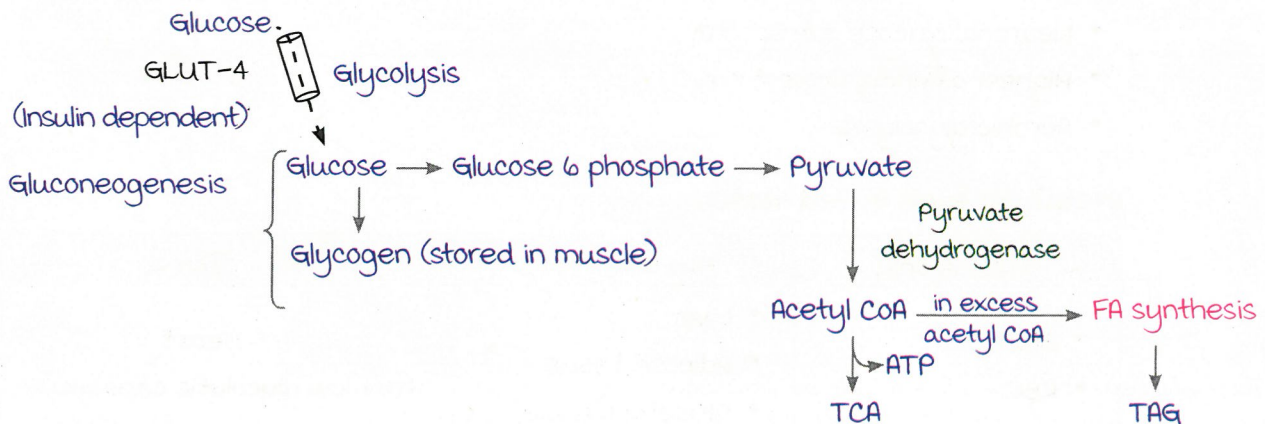


In Adipose tissue :

----- Active space -----



In Skeletal muscle :



Aminoacid in muscles :

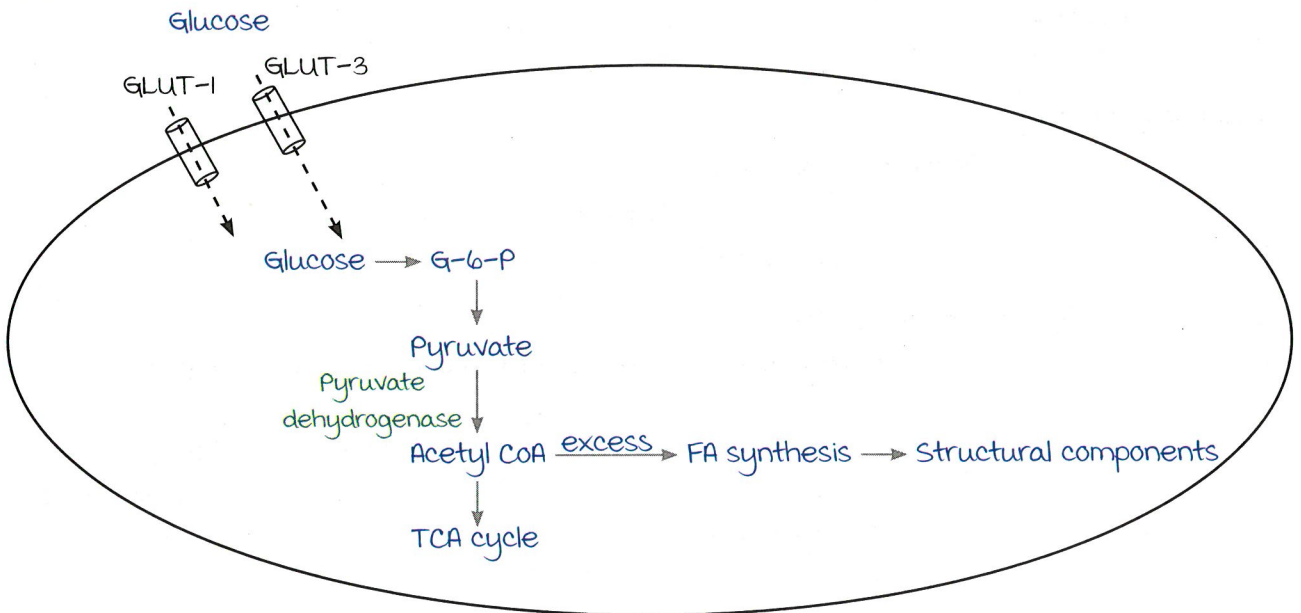
- ↑ Protein synthesis
 - Transamination
 - Oxidative deamination
- Removal of amino group → Carbon skeleton → Anabolic functions.

In Brain :

Glucose in brain :

- Obligatory requirement of glucose.
- Oxidative pathway only for energy production.

----- Active space ----- Neuron :



GLUT-3 :

- Neuronal glucose transporter.
- Highest affinity, Lowest Km.
- Aerobic glycolysis.

metabolic fuels in fed state :

Glucose only	Glucose > FFA	FFA > glucose
• Brain • RBC	• Liver • Adipose tissue • Skeletal muscle	• Heart (D/t low glycolytic capacity)

Fasting State/Post Absorptive State

00:28:13

utilizing stored glycogen & triacylglycerol.

States	Duration without food intake
Early fasting	4-16 hrs
Fasting	16-48 hrs
Prolonged fasting / starvation	2-5 days
Prolonged starvation	>5 days

Early fasting :

- **Hepatic glycogenolysis** : Source of glucose.
- muscle lacks G-6-Pase → Cannot release free glucose directly.
- Depletes in 16-18 hrs.

----- Active space -----

hepatic
Glycogen $\xrightarrow{\text{glycogenolysis}}$ G-6-P $\rightarrow$ Glucose.

Fasting:

Source: Gluconeogenesis $\xrightarrow{\text{ATP (+)}}$ Production of glucose from non-carb substrates:

- Glycerol: From TAG.
- Lactate.
- Alanine: Glucogenic aminoacid from muscle.

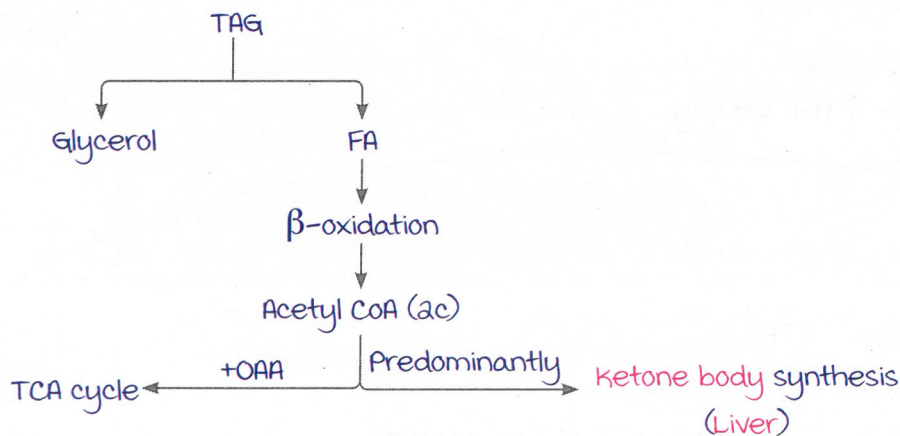
Gluconeogenesis:

Triacylglycerol (Stored in adipose tissue)

$\downarrow$ Hormone sensitive lipase $\xleftarrow{\text{Glucagon (+)}}$
Glycerol + FA $\xrightarrow{\beta\text{-oxidation}}$ Acetyl CoA $\rightarrow$ TCA cycle $\rightarrow$ ATP

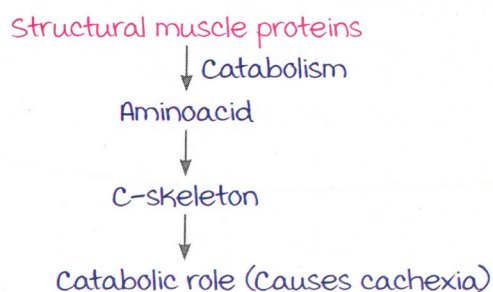
Starvation/Prolonged fasting:

- $\downarrow$ Gluconeogenesis: Non-carb sources are used up.
- Source: ketone bodies



Note: OAA depleted d/t
 $\uparrow$ gluconeogenesis in fasting state.

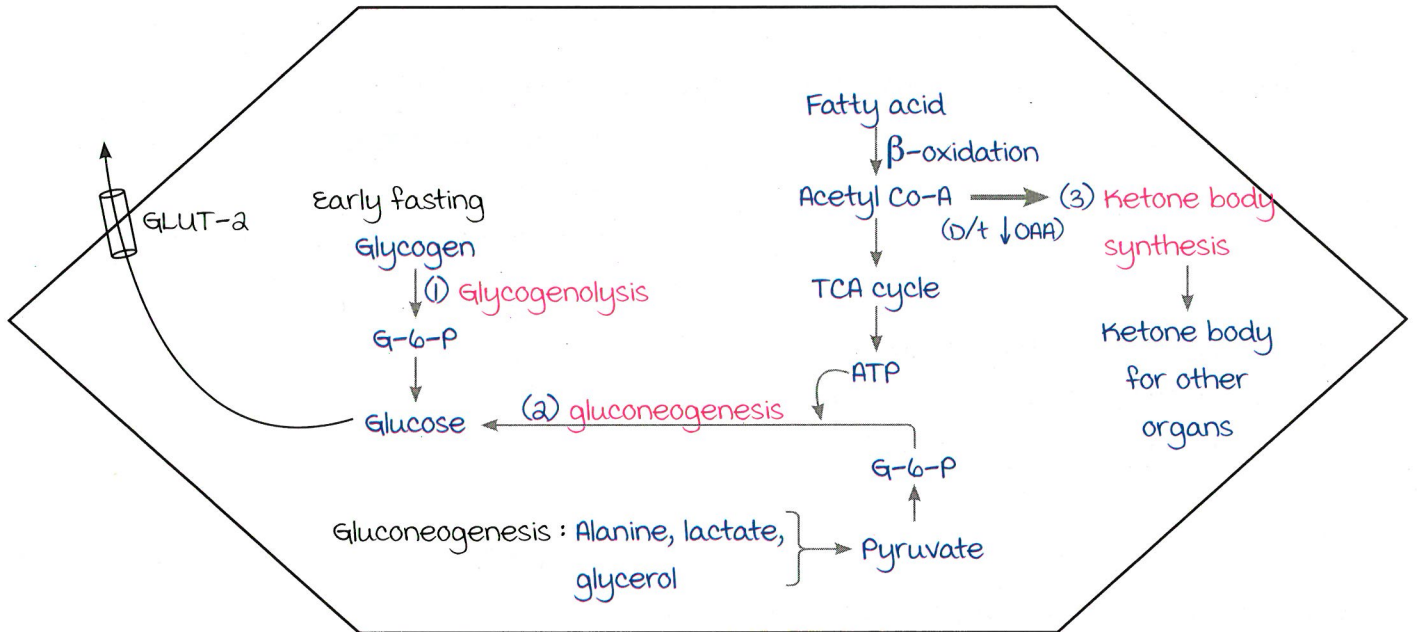
Further Starvation:



----- Active space -----

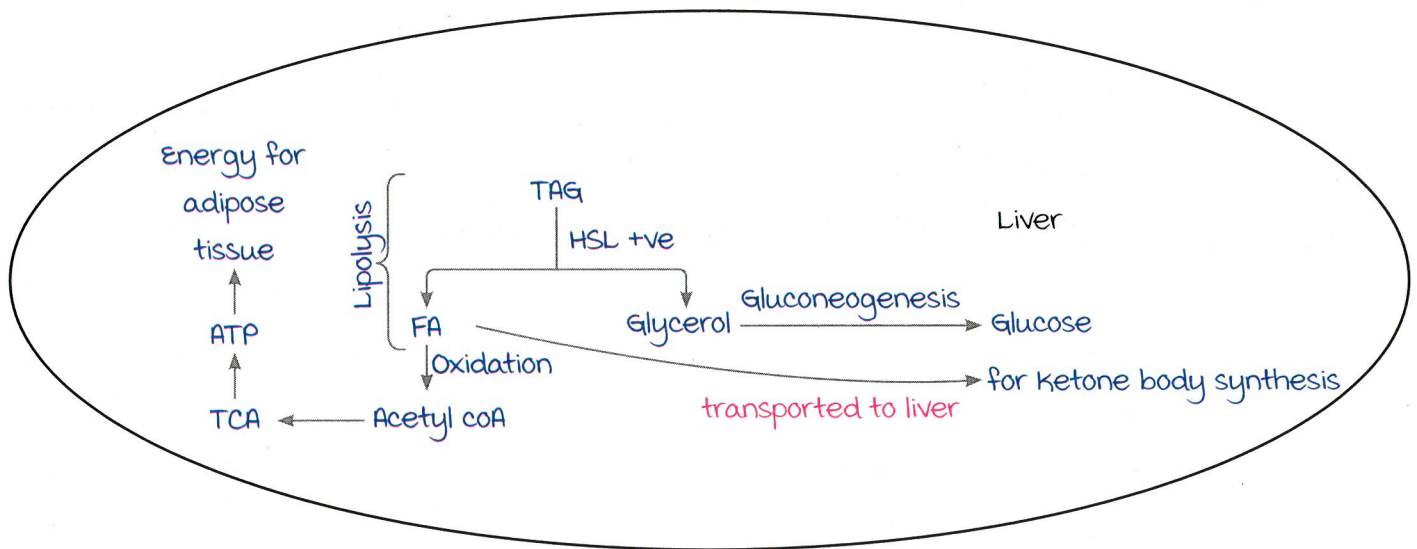
FASTING STAGE IN ORGANS

In Liver :



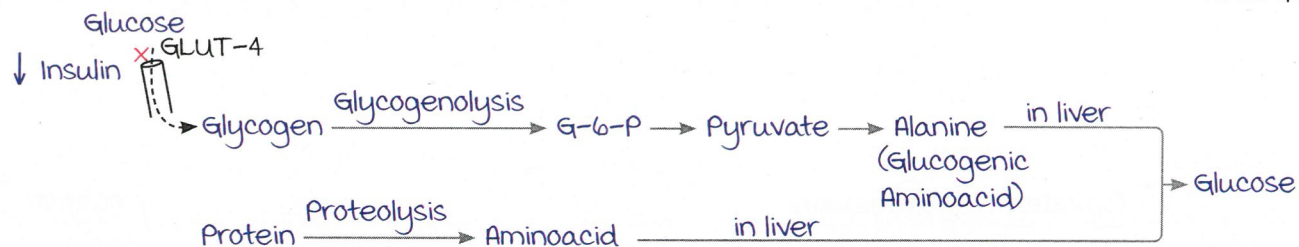
- Liver spares ketone bodies.

In Adipose tissue :

 $\downarrow$ Insulin $\rightarrow \uparrow$ HSL activity.

In Skeletal muscle :

----- Active space -----



Source of energy in muscle :

1. **Fatty acid** → Oxidation → Acetyl → TCA → ATP.
2. **Ketone bodies** from liver.

In Brain :

During starvation :

- Available glucose transported via GLUT-3 and converted to ATP.
- Ketone body lysis (provides for only 20% energy requirements) → Acetyl CoA → TCA cycle → ATP.

metabolic fuel in fasting :

Organ	Early fasting/fasting state	Starvation
Brain	Glucose	Glucose/Ketone bodies (20%)
RBC	Glucose	Available glucose Absence of glucose → Lysis of RBC
Liver	Free fatty acid > glucose	Aminoacid, free fatty acid
Adipose tissue	FFA > glucose	FFA / Ketone bodies
Skeletal muscle		
Heart		

----- Active space -----

CONCEPT OF ENZYME REGULATION

Covalent Modification

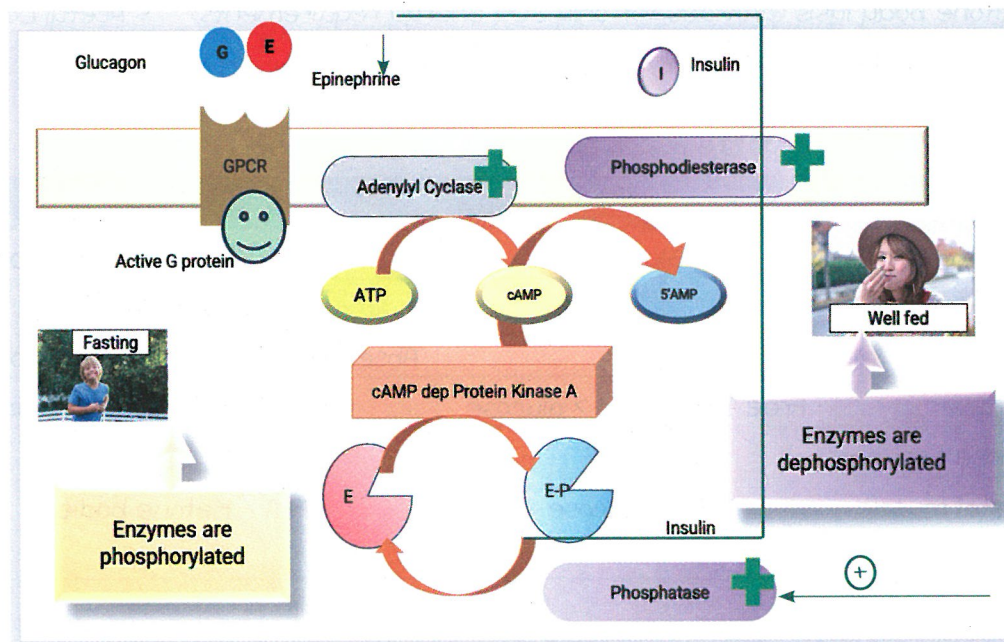
00:01:00

Sites of phosphorylation

Hydroxyl group containing amino-acids:

- Serine (m/c)
- Threonine
- Tyrosine

mechanism



Examples

Enzyme	Insulin : Glucagon ratio	High activity in
Phosphofructokinase (in glycolysis)	High	DP state
Fructose-1,6-bisphosphate (in gluconeogenesis)	Low	P state
Glycogen synthase	High	DP state
Glycogen phosphorylase (in glycogenolysis)	Low	P state
Pyruvate dehydrogenase (link between glycolysis & TCA cycle)	High	DP state

----- Active space -----

Enzyme	Insulin : Glucagon ratio	High activity in
Acetyl CoA carboxylase (Fatty acid synthesis)	High	DP state
HMG CoA reductase (Cholesterol synthesis)	High	DP state
Hormone sensitive lipase (hydrolysis of stored TAG in adipose tissues)	Low	P state

Allosteric Regulation

00:16:31

Feed Forward reaction

Feedback inhibition

$\uparrow[\text{Substrate}] \xrightarrow{+}$ Forward reaction

$\uparrow[\text{Product}] \xrightarrow{-}$ Forward reaction

Enzyme	Allosteric activator	Allosteric inhibitor
Phosphofructokinase (In glycolysis)  Fructose-6-phosphate → Fructose-1,6-bisphosphate (Product)	Substrates in glycolysis • 5' AMP • Fructose-6-phosphate	Products of glycolysis: • ATP • Low pH (d/t lactic acid) • Citrate (formed from acetyl CoA)
Acetyl CoA carboxylase  Acetyl CoA → malonyl CoA	Citrate (substrate)	• malonyl CoA (product) • Acyl CoA (fatty acid product)
ALA synthase	-	Heme (product)

----- Active space -----

INTRODUCTION TO ENZYMES

Enzymes

Specialised proteins that can act as biological catalysts.

Exception :

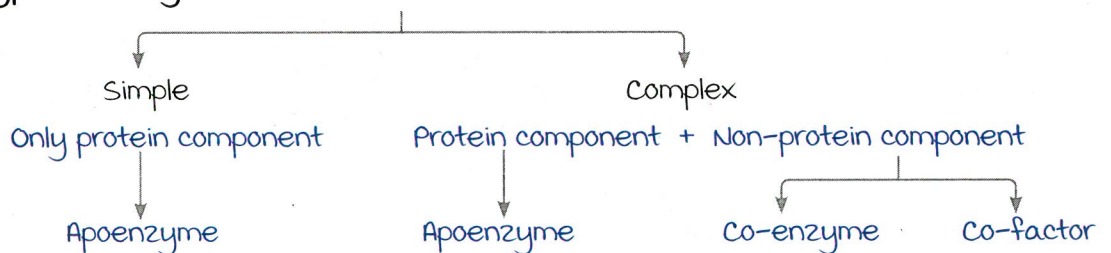
Ribozyme : RNA acts as enzymes.

Ribozymes	Function
Ribosome • 28S rRNA • Peptidyl transferase	Peptide bond synthesis.
Sn RNA	Splicing of exons : post-transcriptional modification of mRNA.
Group II introns	
Ribonuclease P	Post-transcriptional modifications of tRNA.

Enzymes, Co-enzymes and Co-factors

00:05:27

Types of enzymes :



Properties of enzymes :

Enzymes are proteins.

- Nitrogen : 16% by weight.
- Heat labile.
- Precipitated by protein precipitating agents.

Co-enzyme :

- Second substrate or co-substrate.
- mostly B-complex vitamins.

Properties of co-enzyme :

----- Active space -----

- Heat stable.
- Low molecular weight organic molecule.

Examples :

	Active form	Reactions involved
Thiamine (B_1)	Thiamine pyrophosphate (TPP)	• Oxidative decarboxylation. • Transketolase.
Riboflavin (B_2)	Flavine adenine dinucleotide (FAD) FMN	• Oxidative decarboxylation. • Redox reaction : - Complex I of electron transport chain (ETC). - Predominantly FMN.
Niacin (B_3)	Nicotinamide adenine dinucleotide (NAD^+), Nicotinamide adenine dinucleotide phosphate ($NADP^+$)	• Oxidative decarboxylation : Predominantly NAD^+ • Oxidative-reduction reaction (dehydrogenase)
Pantothenic acid (B_5)	Co-enzyme A	Transfer of acyl group
Pyridoxine (B_6)	Pyridoxal phosphate (PLP)	• Transamination. • Trans-sulfuration.
Folic acid (B_9)	Tetrahydrofolate (THFA)	One carbon transfer.
Cobalamine (B_{12})	methyl B_{12}	Homocysteine methyl transferase
	Adenosyl B_{12}	methyl-malonyl CoA mutase
Lipoate	Lipomide - Oxidised form - Reduced form	Oxidative phosphorylation
Ascorbic acid (C)	Ascorbate	Hydroxylation reaction

Co-factor :

- Inorganic molecules.
- Predominantly minerals.

----- Active space ----- Types

metalloenzyme :

- metal & apoenzyme **tightly integrated**.
- Eg :
 - Cu in tyrosinase.
 - Zn^{2+} in {
 - Carbonic anhydrase.
 - Carboxy peptidase.

metal activated enzyme :

- metal **not tightly integrated** with enzyme.
- Presence of metal is required for enzyme action.
 - Eg: Ca^{2+} required for action of lipase.

Prosthetic group :

Co-enzyme/ metalloenzyme (Co-factor) tightly integrated to enzyme.

Holoenzyme

00:17:29

- A type of complex enzyme.
- **Apoenzyme + co-enzyme/ co-factor.**

Examples :

metals	Enzyme	Function
Zinc	Carbonic anhydrase.	Transport of CO_2 .
	Carboxypeptidase A & B .	Digestion of proteins.
	Alcohol dehydrogenase.	Retinol $\rightleftharpoons$ Retinal (Vision).
	Alkaline phosphatase.	Removal of phosphate in alkaline medium .
	ALA dehydratase.	Synthesis of heme.
	Adenosine deaminase.	Purine catabolism.
	Cystolic superoxide dismutase (SOD).	Free radical scavenging : Anti-oxidant.
	Lactate dehydrogenase.	Anaerobic glycolysis.
magnesium	• Kinase. • Phosphatase. • mutase. • Enolase.	Transfer of phosphate.
Iron	Heme iron : Complex of III & IV of ETC (present in cytochrome).	-
	- Nitric acid synthase. - Peroxidase, catalase.	• Synthesis of nitric oxide. • Free radical scavengers.

----- Active space -----

metals	Enzyme	Function
Iron	Tryptophan dioxygenase	-
	Non-heme iron : Complex I & II of ETC (found as Fe-S complex)	-
manganese	• Kinase, phosphatase • Arginase • Ribonucleotide reductase • mitochondrial SOD	-
molybdenum	Xanthine oxidase	Purine catabolism - End product: uric acid - Deficiency of molybdenum: Hyperuricemia.
Potassium	• Pyruvate Kinase • $\text{Na}^+ - \text{K}^+$ ATPase	-
Copper	Tyrosinase	melanin synthesis - Deficiency of copper : Hypopigmentation.
	Complex IV ETC	Energy productions
	Lysyl oxidase	Collagen synthesis - Deficiency of copper: Bleeding manifestations.
Nickel	urease	Not seen in humans
Calcium	• Lecithinase • Lipase	-
Selenium	Glutathione peroxidase	Free radical scavenger (Anti-oxidant)
	Thioredoxin reductase	-
	Deiodinase	Thyroid hormone synthesis
	Selenoprotein P	-

----- Active space -----

CLASSIFICATION OF ENZYMES

OVERVIEW

Trivial name of enzyme :

- Named after reaction mechanism (m/c) / substrate.
- Can be common for 2 enzymes.

IUBMB Classification of Enzyme :

(International Union of Biochemistry and molecular Biology)

Enzyme commission/class/code number : 4 digits.

Eg : 1111 (Alcohol dehydrogenase).

I	I	I	I
1st digit :	2nd digit :	3rd digit :	4th digit :
Class	Subclass	Subsubclass	unique number for every enzyme

Classes of enzymes :

7 Classes → mnemonic : **O**peration **T**heatre **H**as **L**ow **I**ntensity **L**igh**T**

- Oxidoreductase.
- Transferase.
- Hydrolase.
- Lyase.
- Isomerase.
- Ligase.
- Translocase (added on August 2018).

Class I: Oxidoreductases

00:08:07

Enzyme that catalyze oxidative reduction reactions.

SUBCLASS I : DEHYDROGENASES (DH)

- Catalyze transfer of hydrogen elements (H^+ , H^- , H_2) & electrons to an acceptor in a coupled oxidation-reduction reaction.

Acceptors (Co-enzymes) :

Flavoproteins

- $FAD \rightarrow FADH_a$
- Catalyzing enzymes