

OSCE

Volume II



AUTHORS AND THEIR DEDICATIONS



Prof. Dr. SM Tuli

Dedicated to my parents Shanti Tuli and Ram Lal Tuli, my Parents; my teachers Prof. K.S Grewal, Prof P. K Duraiswami and Prof. Balu Sankaran my teachers; and large number of my stimulating students, and my ungrudging patients, who provided me the opportunities to study and enjoy the science and art of Medicine.



Prof. Dr. Sudhir Kumar

Dedicated to my students and patients.



Prof. Dr. Anil Dhal

Dedicated to 'The art of clinical examination from the masters of yesterday to the torchbearers of tomorrow.' The lines on coverpage "Established, Current & Emerging Concepts of Spine" are thoughtfully written by Prof. Dr. Anil Dhal.



Prof. Dr. Shantharam Shetty

I dedicated this work to thousands of my patients, my teachers and my students who have made it possible for me to be what I am today.



Prof. Dr. VB Bhasin

This book is dedicated to all who want to master Orthopedics.



Prof. Dr. Gopa Kumar

I dedicate my work in conceptual orthopedics to my wife and children



Dr. Ravinder Dimri

I dedicate this book to all those young minds who keep asking me "Why?" and "How?" which encourages me to read and learn new things.



Dr. Shekhar agarwal

I dedicate my work in conceptual orthopedics to my family and patients.



Padma Shree Prof. Dr. Mayil Natarajan

I humbly dedicate this book to my parents Prof. Natrajan and Dr. Janaki.



Dr. Ajith Kumar

Humbly dedicated to my parents, Mr. Chandrashekar Shetty and Mrs. Malathi Shetty, my teachers Prof. A.Srinivasa Rao, Prof. Verghese Chacko, Prof. Shantharam Shetty, Prof. Bhaskaranand Kumar, Prof. Benjamin Joseph, Prof. SP Mohanty, Prof. Sripathi Rao, my innumerable colleagues, my loving family and in particular Team Tejasvini and my patients and residents each of whom in their own way kindled the fire and kept me going.



Prof. Dr. Heiko Graichen

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Dr. Ram Chaddha

Dedicated to all my beloved patients who taught me: truth and transparency build trust in treatment.



Prof. Dr. Shubhranshu Shekhar Mohanty

Dedicated to my First teacher in Orthopaedics, Prof. P.T. Rao, who influenced me to pursue this branch of medicine.



Dr. Harpreet Singh

I would like to thank my family, my wife and my kids for their constant support. I would like to dedicate this work to my teachers, my seniors and my students who inspired me to become a better teacher and a better human being.



Dr. Ashish Taneja

Dedicated to my beloved mother, my sincere father, my loving & caring wife and my two lifelines (my kids).



Dr. Shailesh Pai

This work is dedicated to The Almighty, my parents and my mentors for their constant blessings. To my wife for the support and encouragement and my kids for awakening the child in me. Last but not the least to the Team Conceptual Orthopedics for being a source of inspiration.



Dr. Vivek Verma

I dedicate this to my teachers who made me what I am today.



Dr. Mohammed Faheem Kotekar

Dedicated to my Dad.



Dr. Maninder Singh Shah

Dedicated to my parents, wife and children whose support and love has been my pillar of strength.



Dr. Sunil Gurbur Kinni

I dedicate this book to my family, teachers and patients.



Dr. Mrinal Sharma

I dedicate this book to my wife Dr. Shalini Sharma.



Dr. Anuj Jain

I dedicate this book to my teachers and my family.



Dr. Vishal Huggi

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Dr. Jitesh Manghwani

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Dr. Yogesh Gowda

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Dr. Zeeshan Muzahid T

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Dr. Anuj Chawla

Dedicated to my family for making me what I am today.



Dr. Suvrat Arya.

Dedicated to my parents, Dr. Sushma Arya and Mr. Vijay Bhushan Arya and my wife Dr. Shruti Jain.



Dr. Abhinav Jogani

I would like to humbly dedicate this book to God almighty, parents & wife, teachers, and my alma mater Seth GS Medical College and KEM Hospital, Mumbai.



Dr. Naufal Nahas

I would like to dedicate this book to my brother Nabeel Nahas who taught me that one should 'Learn, Listen and Seek' only what he loves and has passion for.



Dr. Piyush Godegone

Dedicated to my first teachers of Orthopaedics-My father, Dr. Wasudeo Gadegone, and my brother in law Dr. Vijayanand Lokhande



Dr. Rohit Prasad

Dedicated to my parents for their persistent motivation, to my wife for laying the foundation of good things in my life and to the readers who constantly inspire us to perform better.



Dr. Shekhar Srivastav

I dedicate my work to my Teachers, Dr. Shekhar Agarwal, My Patients and Most importantly My Family.



Dr. Raju Easwaran

I would like to dedicate this book to Dr Matthew Varghese from whom I've learnt so much with orthopaedics being a small portion of the vast knowledge he has imparted & continues to do so selflessly.



Dr. Amlite Pankaj Agarwal

I dedicate my work to my patients.



Dr. Ankit Khurana

This work is dedicated to Almighty God, my ever-present source of strength and guidance. I am eternally grateful to my parents, Dr. Ashok Khurana and Dr. Suchitra Khurana, for their unwavering encouragement. To my caring sister, thank you for always being there for me. Finally, to my dearest wife and my cute son, your love and understanding have been a constant source of inspiration



Dr. Nishant Gupta

I dedicate the book to my teachers, my parents, wife and my daughter Avnisha Gupta.



Dr. Laxmi Narayan Jajoriya

I dedicate my work to Parents, Teachers and Patients



Dr. Aditya Verma

In gratitude for their unwavering support and endless encouragement, this book is dedicated to my parents, grandparents and brother, whose love has illuminated every page of my life.



Dr. Apurv Mehra

I dedicate this book to my daughter, Vrinda Mehra, my patients, & my students who have helped me evolve as a surgeon & a teacher.

Table of Content

<u>Chapter</u>	<u>Page No.</u>	<u>Chapter</u>	<u>Page No.</u>
<u>Volume - I</u>		7.3 Covid	292
Section 1. Introduction		<u>Volume - II</u>	
1.1 Introduction	1	Section 8. Mock OSCE	
Section 2. Mock OSCE		8.1 OSCE	305
2.1 OSCE	3	8.2 OSCE	311
2.2 OSCE	8	8.3 OSCE	316
2.3 OSCE	12	8.4 OSCE	321
2.4 OSCE	17	8.5 OSCE	326
2.5 OSCE	21	Section 9. Tumors	
Section 3. General Principles		9.1 Benign	331
3.1 Anatomy	26	9.2 Malignant	343
3.2 Surgical Techniques and Approaches	39	Section 10. Congenital Disorders and Syndromes	
3.3 Basic Sciences	44	10.1 Congenital Disorders And Syndromes	351
3.4.1 Imaging	52	Section 11. Pediatrics	
3.4.2 X-rays by Dr Tuli	68	11.1 Traumatic	358
3.5 Implants And Instruments	85	11.2 Non - Traumatic	365
3.6 Biostat	118	Section 12. Spine	
3.7 Orthotic And Prosthetics	128	12.1 Spine	395
3.8 Pathology Specimens	153	Section 13. Arthroscopy and Sports medicine	
3.9 Who Is Who (Legends of Orthopaedics)	159	13.1 Basic Arthroscopy	430
3.10 Principles of Plating	165	13.2 Shoulders And Elbow	434
Section 4. Clinical Examination and Signs		13.3 Hip, Knee and Ankle	443
4.1 Upper Limb	175	Section 14. Adult Trauma	
4.2 Lower Limb	203	14.1 Upper Limb	458
4.3 Spine	227	14.2 Lower Limb	479
Section 5. Arthroplasty		14.3 Pelvis And Acetabulum	488
5.1 Shoulder And Elbow	234	Section 15. Nerve Injury	
5.2 Hip	239	15.1 Peripheral Nerve Injury	493
5.3 Knee And Ankle	257	15.2 Brachial Plexus	504
Section 6. Amputation			
6.1 Amputation	270		
Section 7. Infection			
7.1 Osteomyelitis And Infective Arthritis	277		
7.2 Tuberculosis	288		

Section 16. Hand and Wrist

16.1 Trauma	505
16.2 Non – Traumatic	513

Section 17. Foot and Ankle

17.1 Traumatic	521
17.2 Non – Traumatic	533

Section 18. Rheumatology and Metabolic Disorder

18.1 Rheumatic Disorder	545
18.2 Metabolic Disorder	553

Section 19. Rehabilitation and Physiotherapy

19.1 Rehabilitation And Physiotherapy	563
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Section 20. DNB Pattern Questions

20.1 OSCE Feb 2024	569
20.2 OSCE Sep 2023	578
20.3 OSCE May 2023	586
20.4 OSCE May 2022	593
20.5 OSCE Feb 2022	600
20.6 OSCE Oct 2021	606
20.7 OSCE Aug 2021	613
20.8 OSCE March 2021	620
20.9 OSCE July 2020	628

Section 8

Mock OSCE

CHAPTER **8.1**
OSCE Paper -6

STATION 1



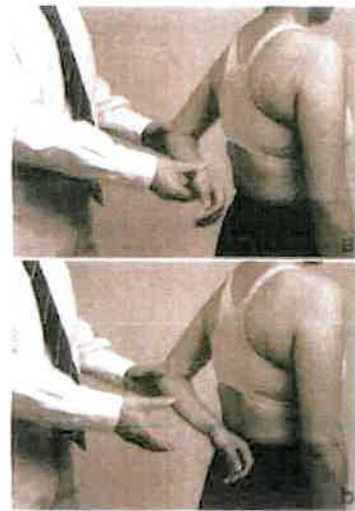
A.



B.

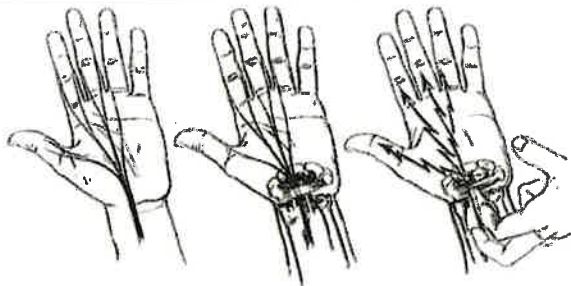
1. What is the sign showed in images A and B?
2. Which nerve will be damaged?

STATION 2



1. What are tests shown in images?
2. How are the tests done?

STATION 3



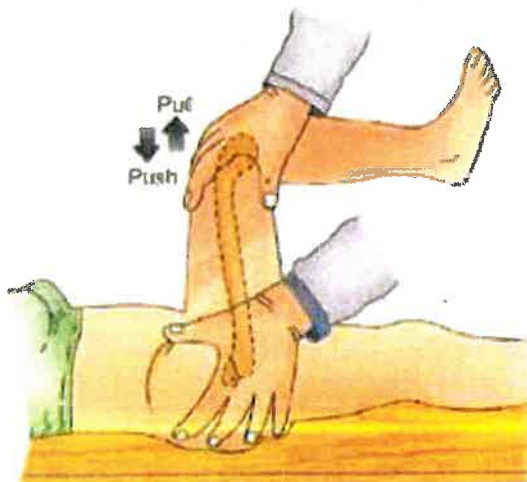
1. What is the sign shown in the picture?
2. What is the test shown and how is it done?
3. What is the inference of this sign?

STATION 4



1. What is the sign shown in the picture?
2. What is the pathology behind it?
3. Which conditions can cause it?

STATION 5



1. What is the test done in the picture?
2. How to do the test?
3. Where will you get the positive test?

STATION 6



1. What is the sign shown?
2. What is the cause of this sign?
3. What are the four cardinal symptoms of this sign?
4. What is the treatment?

STATION 7



1. What is the test shown in the picture?
2. How is the test done?
3. What are the conditions in which this test is done?
4. What is the modification of this test?

STATION 8



1. What is the diagnosis?
2. What are the associated conditions?
3. What are the clinical findings?
4. What is the treatment?

STATION 9

A 10-year-old boy complains of fever and pain in lower part of thigh for 5 days. He has been unable to bear weight on the leg since then. There is no history of trauma. On physical exam there is presence of local tenderness over the distal femur. His ESR is 68 mm/hr (normal <15) and CRP is 14 mg/Dl (normal <1). His temperature is currently 101.2 degrees F. He has been managed with appropriate IV antibiotic therapy for three days, but he has failed to show any clinical improvement.

1. Diagnosis.
2. Next appropriate step of management.
3. What investigation is the most expeditious method to determine the early success of treatment?

STATION 10

A 20-year-old female suffers a road traffic accident and as a result a crush injury to her foot. The surgeon does an amputation due to the neurovascular status of the limb. The amputation done is shown in the figures below.



1. Name the amputation seen in the above case scenario
2. What is the common deformity seen in post operative follow up of such patients?
3. What is the cause of such a deformity?
4. Mention the surgical techniques described to prevent such a deformity

STATION 11



1. Enumerate 2 possible reasons for the failure of this fixation?
2. How will you treat this condition?
3. What biological method will you perform?

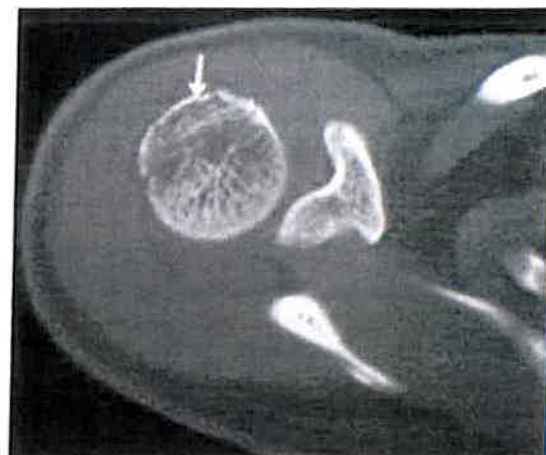
STATION 12

This 13-year-old girl was complaining of pain over back



1. What are the findings?
2. What are possible associated problems with this you want to rule out?

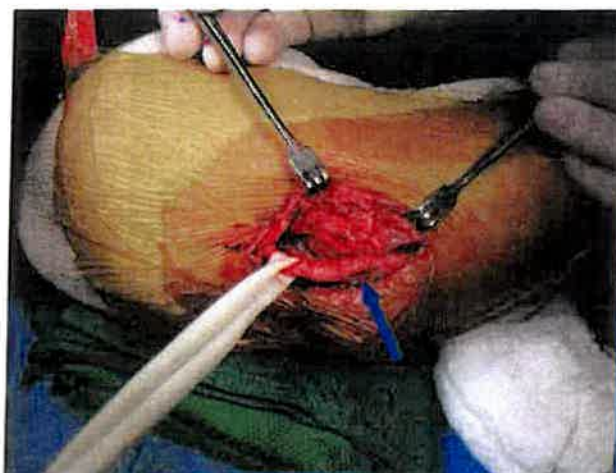
STATION 13



1. What is the diagnosis?
2. What will be the clinical presentation?
3. What are the treatment options available?

STATION 14

Intra operative picture of a posterior approach to the elbow:



1. What is the structure tagged?
2. Name the test you want to do post operatively to check for iatrogenic injury?

STATION 15

A 33-year-old man came with a swelling of right elbow without much pain.



1. What is the possible diagnosis?
2. What is the possible cause of this painless swelling?
3. What is the region of possible primary lesion?
4. Name the lesion?

STATION 16

1. What are the precautions for applying the screws as to the direction of screws?
2. What is the structure at risk?
3. screw purchase required uni-cortical or bi-cortical and why?

STATION 17

1. What are the views in this x-ray?
2. What is your diagnosis

STATION 18

1. What is this injury?
2. How will you treat this condition?
3. Classification?

STATION 19

1. What is being done?
2. Diagnosis?
3. Surgical management protocol?

CHAPTER | 8.2

OSCE Paper -6

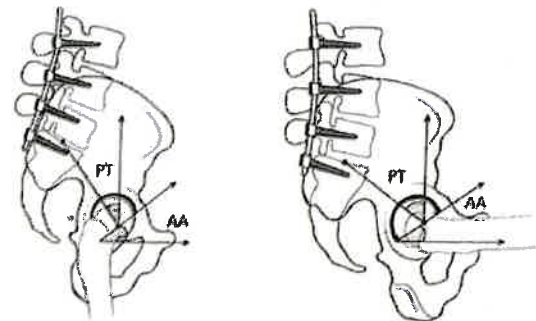
STATION 1



1. Name the fracture in both x rays
2. Classification.
3. Implant used and fixation mode in each.

STATION 2

48 years male patient is planned for THR, and patient has undergone spine surgery, and it is unbalanced in sagittal plane.



1. What are the parameters you would like to include in your pre-op templating for THR ?
2. How will you decide the anteversion of the cup?

STATION 3

12-year-old boy presented with swelling and pain in lower leg. Patient does not have any constitutional symptoms:



1. What is the possible diagnosis you can tell?
2. How to suspect this tumour clinically?
3. Elaborate the X-rays findings?
4. Next investigation of choice?
5. Staging and treatment options?

STATION 4

22-year-old male:



1. Radio logical findings?
2. Diagnosis?
3. Levels of calcium and alkaline phosphate levels?
4. What are the other problem?

STATION 5

This is an x ray of 20-year-old female:



1. Diagnosis
2. Reduction manoeuvres intraoperative?
3. How would you like to manage?

STATION 6

1. Diagnosis
2. Classification system?
3. How will you manage?

STATION 7

This 40-year-old man had pain and swelling of his left knee. This is the clinical finding and x ray:



1. What are the deformities?
2. Probable diagnosis and differentials?
3. Further investigation needed?

STATION 8

Patient underwent surgery of thigh 2 years back. Now presents with discharging sinus from lower thigh.



1. Diagnosis?
2. Classification?
3. Cause of persistent sinus?

STATION 9



1. Identify the deformity?
2. Enumerate two causes for this deformity.
3. Other radiological findings.
4. Management of this condition.

STATION 10

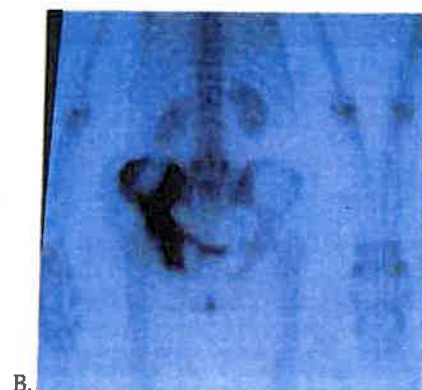
A patient reports experiencing recurrent episodes of intense joint pain, typically starting in the middle of the night. The pain is often described as throbbing and is accompanied by swelling and redness.



1. What condition should be considered?
2. Pathophysiology of this condition?
3. Radiological grading.
4. How will you manage this patient?

STATION 11

A 65-year-old man presented with unexplained progressive right hip pain and elevated alkaline phosphatase level.



1. What is your diagnosis in image A?
2. Identify the investigation done in image B?
3. Pathophysiology of this condition?
4. Management of this condition?

STATION 12



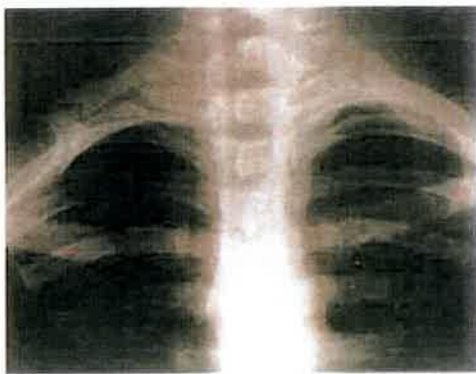
1. Enumerate the radiological findings.

OSCE

2. What will be your diagnosis?
3. What will be your investigations?
4. Management of this condition?

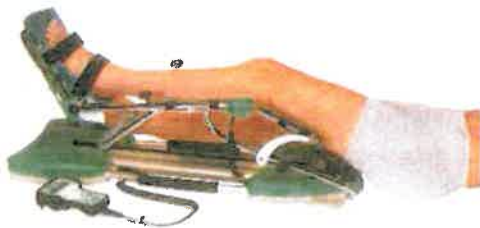
STATION 13

A 30-year-old college lecturer presents to your outpatient with complains of tingling and numbness in his fingers of right hand. The numbness affects mainly the ring and little finger and gets worse with overhead activity. His neurologic exam is normal. Both electromyography and nerve conduction studies don't show any abnormality. His x-ray is shown below.



1. What is the most likely clinical diagnosis?
2. Mention 4 etiological causes for the same.
3. Enumerate 4 provocative tests for confirmation of the above condition.

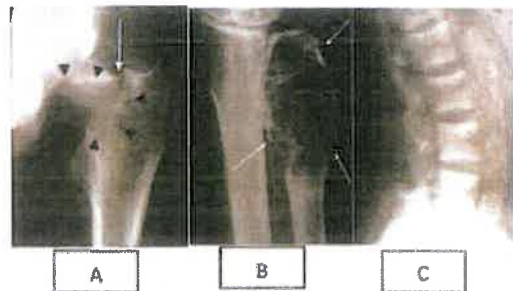
STATION 14



1. Identify the apparatus?
2. Rate of increase in movement?
3. Indications and Contra-indications?

STATION 15

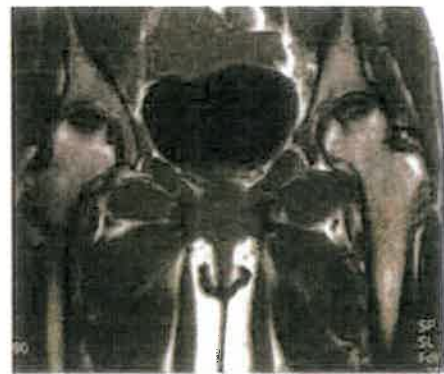
A 40-year-old patient with chronic renal disease presents with the below given x rays:



1. Mention the diagnosis
2. Identify the marked x ray signs
3. Pathophysiology
4. Clinical features

STATION 16

A deep-sea diver presented to OPD with complaints of pain in left groin with antalgic gait.



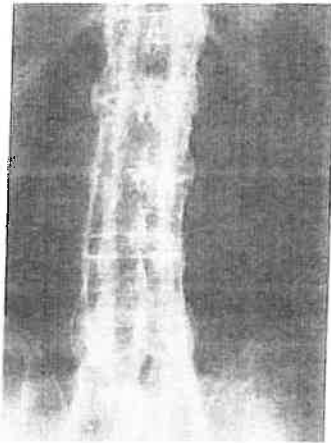
1. What is the probable diagnosis ?
2. Describe the etiology.
3. Which classification system would you use ?
4. Describe the treatment options

STATION 17



1. Which class of drug does the shown medicine belong to?
2. Indications of use
3. Mechanism of action
4. Dosage

STATION 18



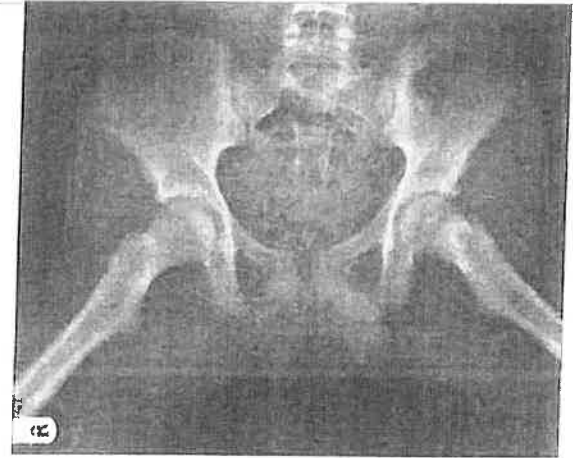
1. Identify the condition
2. Describe any two radiological signs associated with this condition?
3. How will you manage this patient?

STATION 19



1. Identify the condition?
2. What are the radiological findings?
3. Treatment modalities?

STATION 20



1. Identify the view
2. Position of the limb?
3. Indications?