

Concepts in Radiology

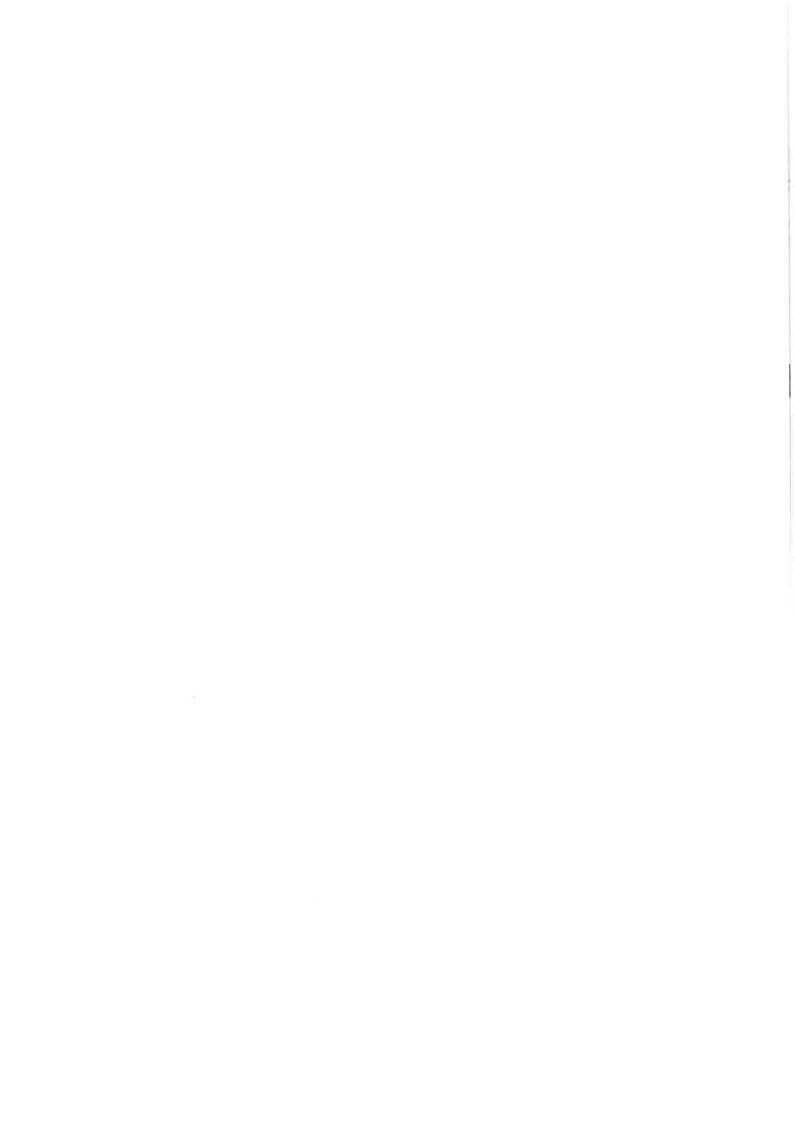
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Vol.-3



Authored By The Faculty of Conceptual Radiology



Concepts In Radiology [Based on In-App Videos]



FOREWORD

It is with great pleasure that I introduce this collection of lecture notes, a comprehensive resource drawn from the collective expertise of esteemed faculty members of Conceptual Radiology, spanning various subspecialties within the field of radiology. This compilation is designed to serve as a vital reference for students embarking on their journey to understand the complexities of medical imaging and radiological diagnosis.

Radiology, with its vast and ever-evolving landscape, has become a cornerstone in modern medicine. The integration of advanced imaging techniques, from diagnostic radiology to interventional radiology, neuroradiology, musculoskeletal, and beyond, has revolutionized how we perceive and treat diseases. For students, mastering the nuances of each subspecialty can be daunting. This book distills key concepts, clinical insights, and imaging principles into accessible, focused notes that are both comprehensive and concise.

What sets this compilation apart is the collaboration between experts who have generously shared their knowledge and experience. Their combined efforts ensure that each chapter not only provides theoretical foundations but also bridges the gap between classroom learning and clinical application.

As you delve into these pages, I encourage you to approach radiology not merely as a tool for diagnosis but as an art that requires attention to detail, a deep understanding of anatomy and pathology, and, most importantly, a commitment to patient care.

I trust that this collection will serve as an invaluable guide for your studies and a lasting resource throughout your medical career.

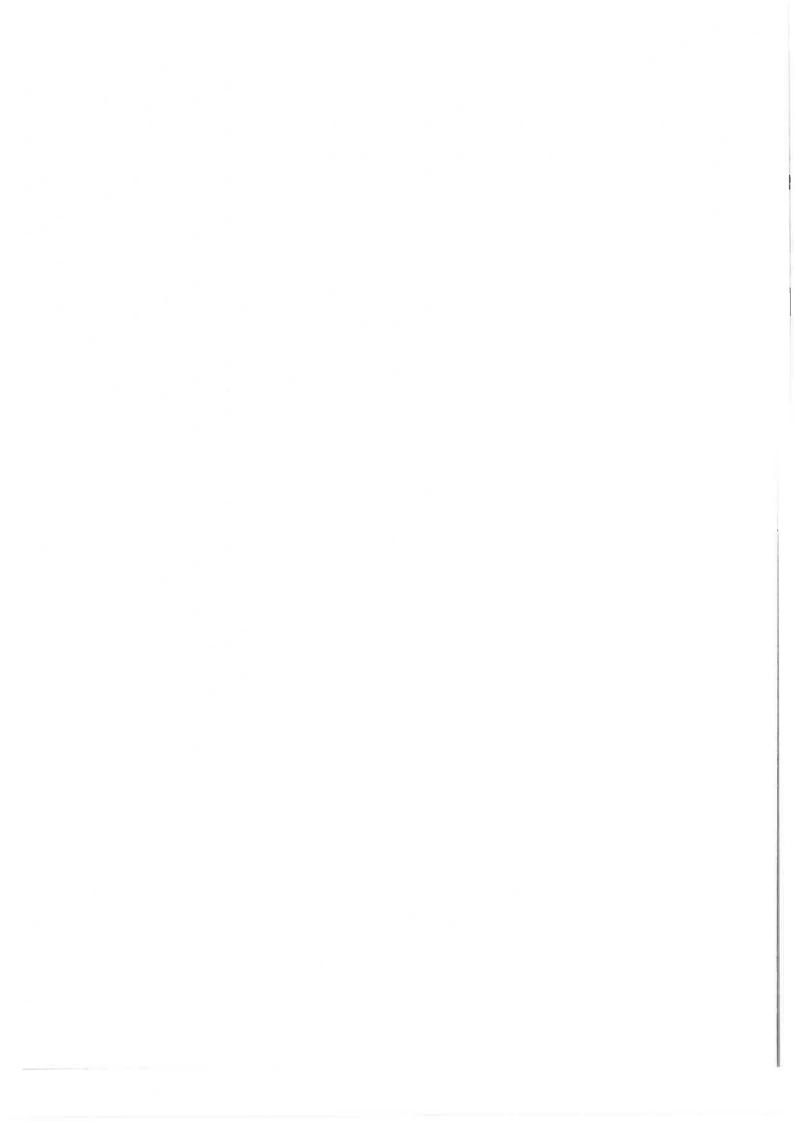


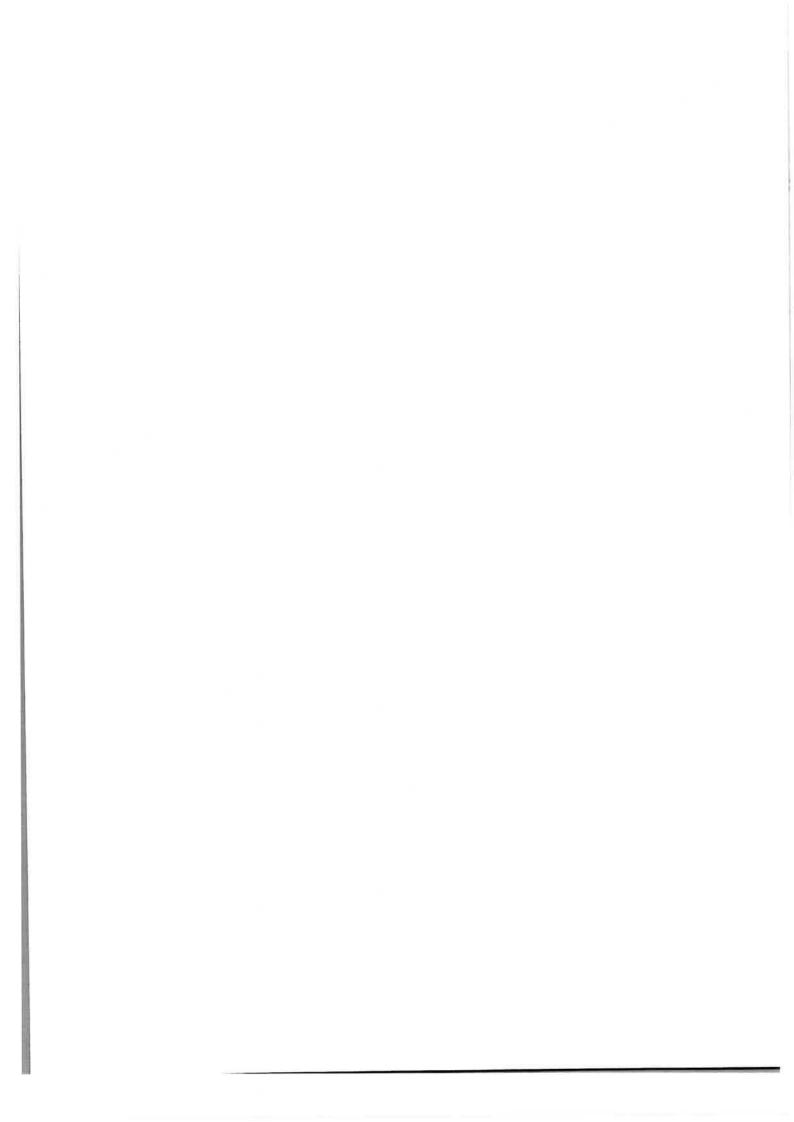
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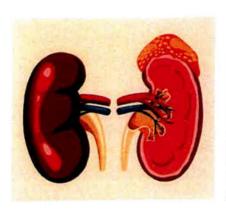
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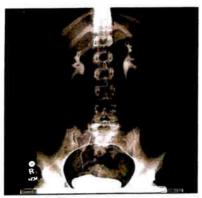
9.1



Imaging Modalities and Radiological Anatomy of Upper Urinary Tract

Anatomy





- Renal Pelvis facing anteromedially
- Normal Length: 8-12 cm, difference between the two < 1.5cm
- Renal pelvis- Relation- VAP
- Cortex- Thickness 1.5cm
- Medulla
- Minor Calyces (10-14) and Major Calyces

Variants of Calyceal Anatomy

1) Compound Calyx



Polar Region; Reflux Nephropathy

2) Megacalycosis



- 15 calyces, Normal renal pelvis, ureter
- DD: Renal Papillary necrosis

3) Calyceal Diverticulum



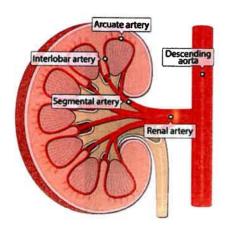
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Imaging Modalities and Radiological Anatomy of Upper Urinary Tract





Vascular Supply



- Arterial Supply Renal Arteries (L1-L2 level)
 - Accessory renal arteries (U/L-30%, B/L 10 %)
- · Venous Drainage
 - LRV longer –anterior to the aorta and posterior to SMA.
 - RRV- shorter, directly drains into the IVC

Ureter

- Anterior to psoas within 1 cm of the lateral margin of transverse processes
- At level of SI joint- anterior to common iliac artery bifurcation
- Pelvis- lateral pelvic wall, over the obturator internus muscle.
- Turns antero-medial at the level of ischial spine to enter the bladder base.
- Intramural course 2cm.

Normal Ureteric Constriction



- At Ureteropelvic Junction
- · Crossing the iliac vessels
- Pelvic Inlet

Imaging Techniques - Conventional Radiography





- Air -Emphysematous Pyelonephritis
- Calcification

Calcifications of the urinary tract on the KUB

Renal: Calculi, TB, RCC, Arterial atheroma, aneurysm

Ureter: Calculi, TB, Schistosomiasis Bladder: Calculi, TCC, Schistosomiasis

Intravenous Urography (IVU/IVP)

- Indications:
 - Urolithiasis
 - Ureteric fistulae/ strictures
 - Renal Infections, e.g Tuberculosis

(Gold standard- early changes; irregularity of calyces, papillary necrosis, etc)

- Pre-procedure work-up
 - S. Cr
 - Fasting 4-6 hr
 - Bowel preparation (laxatives- activated charcoal / Castor oil)
 - Void prior to examination

IVP Technique

Standard tech	nique of Intravenous Pyelography
Preliminary imaging	KUB Radiograph
IV contrast 50ml (1mg/kg) (350mg/ml lohexol) injected	
Nephrographic Phase (1 min)	Collimated to kidneys- Size (upto 3 lumbar vertebrae), outline, position
Pyelographic Phase (5-min KUB)	Assess temporal symmetry and progress of opacification
. Jane 3. apr	Apply Abdominal compression
10 min-Pyelographic Images (5 min after compression)	Calyceal distension
Release compression after 10 mins of applying	
15 min- Ureteric image supinefull length (immediately after release of compression)	Visualization of ureters
15 min Ureteric image Prone full length	Visualization of ureters
Full Bladder	
Post-void image	

Imaging Modalities and Radiological Anatomy of Upper Urinary Tract













Retrograde Pyelography	Antegrade Pyelography	Nephrostogram
 Ureteral orifice cannulated via cystoscope (Urologist) Contrast instilled into the ureters. Done by urologist during PCN placement. 	Invasive Procedure Calyx puncture with 22G needle under USG guidance	Indwelling PCN catheter. Used to assess the level of Obstruction in case of non - functioning kidneys. Post OP cases of PUJI obstruction to check patency Status of urinary fistulae post diversion. Post Antegrade DJ stenting to see patency.

Ultrasound- Grayscale





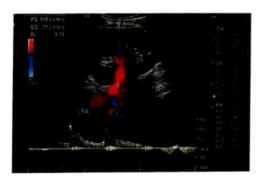
• Size

Normal Kidney Length in Adults		
Adult Female (cm)	Adult Male (cm)	
RK- 10.7 (9.5-12)	11.2 (10.1-12.4)	
LK-11 (9.9-12)	11.5 (10.4-12.6)	
Range 8-12cm	Range 8-12cm	
< 8cm small Kidney	< 8cm small Kidney	

- Outline
- Position

- Cortical Thickness (<1cm abnormal)
- Cortical echogenicity (compared to liver/spleen)
- C-M Differentiation
- Calculi Y/N (size, number, location)
- Hydronephrosis- Y/N (If yes- Grade of HDN)
- Ureter dilated Y/N (If yes, Level of obstruction)
- Cyst/Mass

Ultrasound - Doppler





- Renovascular Hypertension
- · Evaluation of Transplant kidney
- Renal Vein thrombosis
- Miscellaneous Trauma, AVM, AV fistula
- Evaluate:
 - Main renal Artery
 - Segmental Renal Arteries

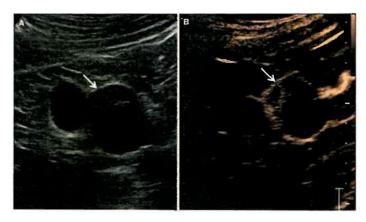
Renal Artery Doppler

Normal Ren	al Artery indices		
Indices			
PSV	<180 cm/s		
Resistance index	<0.7		
Acceleration time	>70 ms		
Acceleration index	<300 cm/s ²		
Renal Artery / Aorta ratio (RAR)	<3.5		

Structured reporting of Renal Artery Doppler		
Right	Left	
Size Cortical Thickness and echogenicity C-M Differentiation Calculi - Y/N (size, number, location) Hydronephrosis- Y/N (If yes- Grade) Cyst/Mass	Size Cortical Thickness and echogenicity C-M Differentiation Calculi - Y/N (size, number, location) Hydronephrosis- Y/N (If yes- Grade) Cyst/Mass	
Renal Doppler		
Main Renal Artery		

Structured reporting of Renal Artery Doppler		
PSV RI	PSV RI	
At ostium	At ostium	
Mid-level	Mid-level	
At hilum	At hilum	
Segmental Renal Arteries	PSV RI AT AI	
PSV RI AT AI	0	
Upper Pole	Upper Pole	
Mid pole	Mid pole	
Lower pole	Lower pole	

Contrast Enhanced Ultrasound



- SF₆ Microbubbles Sonovue/ Sonazoid / optison
- · Safe in CKD- lung excretion
- Role (EFSUMB)
 - Characterization of Indeterminate renal masses
 - Complex Cystic masses (Bosniak grading)
 - Renal Infarcts
 - Abscess
 - Tumor Ablation under USG guidance

Ultrasound Elastography



- Experimental
- Intra-renal fibrosis- CKD
- Stiffer tissue- More shear wave velocity
- Standardisation required

CT Scan:

NCCT

Multiphase CT - Renal Protocol

CT Urography

Dual energy CT

CT Angiography

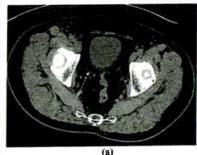
Renal Calculi

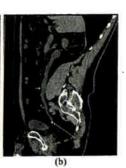
- · Workhorse for renal Imagibg
- Infections
- Masses
- · Congenital anomalies
- Renal Trauma

Split bolus CT urography

NCCT KUB







- IOC for Renal/ureteric/bladder Calculi
 - Size
 - Location
 - Attenuation
 - Associated HDN/HDUN
- Parenchymal Calcifications
 - TB, Medullary sponge kidney
- Tumoral Calcification- RCC

Multiphase CECT - Renal protocol

NCCT

Corticomedullary phase

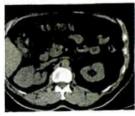
Nerphrography Phase

Excretory phase

40s after Contrast (20-30 sec after bolus trigger)

100s after contrast

15 min after constrast









CT Urography





Imaging Modalities and Radiological Anatomy of Upper Urinary Tract

- · Visualization of collecting system
- Conventional CT urography
 - Contrast injected and NCCT taken after 15 mins
 - Split Bolus CT urography
 - Triple Split bolus CT urography

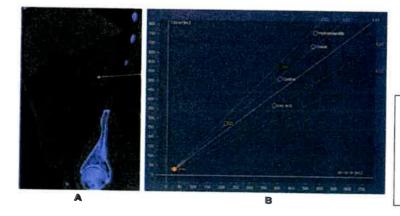
Split Bolus CT Urography

- NCCT
- 30 cc of non-ionic contrast media IV → wait for 15 mins
- Second bolus 100ml delay of 100s Nephrographic phase
- Allows both renal parenchyma (NP) and collecting system (EP) to be images simultaneously
- Reduced radiation exposure

Triple Bolus CT Urography

- 1st bolus- 30ml at 2ml/s opacification of excretory system
- 2nd bolus of 50ml after 7min at 1.5ml/s Renal Parenchyma
- 3rd Bolus of 65 ml at 3ml/s after 20s Arterial Anatomy
- Reduces the Radiation exposure

Dual Energy CECT



- Acquisition of high energy and low energy data sets (140 kvP and 80 kvP
- Dual source vs single source
- VNC images, Iodine Maps
- Uses:Characterization of renal Mass
- Characterization of renal Stones

CT Angiography

